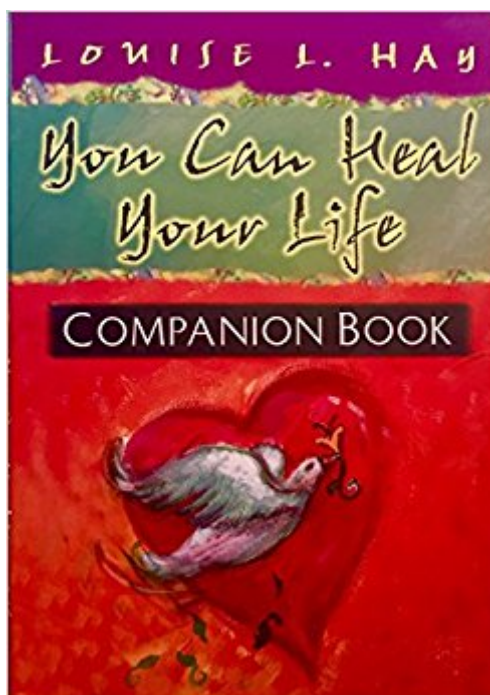


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# You Can Heal Your Life (Gift Edition)



## Synopsis

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## Book Information

Paperback

Publisher: Hay House; 26226th edition (September 1, 1999)

Language: English

ASIN: B009CRP2ZA

Package Dimensions: 8.4 x 5.8 x 0.7 inches

Shipping Weight: 12.6 ounces

Average Customer Review: 4.7 out of 5 stars 2,237 customer reviews

Best Sellers Rank: #193,686 in Books (See Top 100 in Books) #74 in [Books > Self-Help > Hypnosis](#) #694 in [Books > Health, Fitness & Dieting > Alternative Medicine > Healing](#) #2526 in [Books > Self-Help > Motivational](#)

## Customer Reviews

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This book changed my life. I know you've heard that said about a lot of books and I'm sure there are other fine books out there. But this one, *You Can Heal Your Life*, by Louise Hay, is the motherbook from which all others evolved. I was introduced to it in 1990, 26 years ago, when I was 42. At the time I was reeling from a pessimistic cancer diagnosis, the end of my marriage, and the development of Chronic Fatigue Syndrome. I'm almost 69 and this is the book that showed me how to live with and through all that and more. I've given away at least a hundred of these books and this one went to my new friend, Tina, who is excited about the changes in her life she has already made. I can't recommend it highly enough.

I am still trying to read the whole book after a year of purchasing it but i love what i had read so far and highly recommended.

I've referred to this book for years. Great and straight forward view mind body connection.

This is the renaissance that the health care industry has been waiting for. Self-empowered, mindful people taking charge of their own wellness. - Linda Dierks, Spin Straw to Gold

It was an eye opener that I needed and the door to a new level of consciousness. It is easy to understand for those who need simple explanation of how the world works and the importance of the I.

Beautiful Book! Soothing artwork with wonderful explanations about how emotions cause physical problems...great 'abc' listings of symptoms! Very helpful and Louise's work is right on!

Beautiful book, beautiful positive affirmations and thoughts. Louise Hay is a wonderful teacher and an incredible woman.

Great inspiration for healing! Hay teaches us that we have more power to change our health than we think.

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